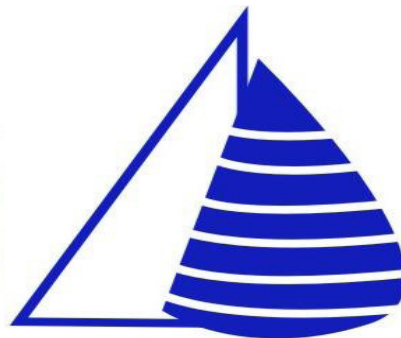


**DABCHICKS**  
**SAILING FOR 100 YEARS**  
**1911 - 2011**



**Laser East Region  
Grand Prix  
Saturday 13<sup>th</sup> August 2011**

HW 12.56

**SAILING INSTRUCTIONS**

1. **Organising Authority**  
The organising authority is Dabchicks Sailing Club.
2. **Rules**  
The Racing will be governed by the 'rules' as defined in the Racing Rules of Sailing, the current Laser Class Rules, the Notice of Race and these Sailing Instructions.
3. **Notices to Competitors**  
Notices to competitors will be posted on the official Notice Board located in the Dabchicks Sailing Club. Changes to sailing instructions will be posted at least 1 hour before launching on Saturday 13<sup>th</sup> August. Changes to the schedule of races will be posted by 1800 hrs on Friday 12<sup>th</sup> August. There will be a briefing for all competitors at 1030 am in the clubhouse on Saturday 13<sup>th</sup> August.
5. **Signals Made Ashore**
  - 5.1 Signals made ashore will be displayed from the flagpole at Dabchicks Sailing Club.
  - 5.2 When flag AP is shown ashore race signal AP is changed in that "1 minute" is replaced by "not less than 30 minutes"
6. **Schedule of Races**
  - 6.1 Races are scheduled as follows:  
The first warning signal for the first race will be at 11.55am.  
Subsequent races will follow as soon as practical after the conclusion of the previous race.
  - 6.2 It is intended to run a maximum of three races.
  - 6.2 No warning signal will be made after 1600 hrs.
7. **Classes and Class Flags**
  - 7.1 All three classes, Laser Standard, Laser Radial and Laser 4.7 will race together using class flag 'T'.
8. **Courses**
  - 8.1 The attached Course Diagram shows the course, the order in which marks are to be passed, and the side on which the mark is to be left.
  - 8.2 The Race Committee boat will display the number of laps for each class on a board at the side of the Committee Boat.

## 9. **The Start**

- 9.1 The starts will be started in accordance with RRS Rule 26 with the warning signal given five minutes before the start signal
- 9.2 All three cases will start together.
- 9.3 The Start Line will be between the mast displaying an Orange flag on the Committee Boat and an Orange inflatable buoy as the start line outer distance mark.
- 9.3 Inner Distance Mark – When an orange buoy is laid near the Committee Boat approximately on the starting line, it is a starting limit mark that shall be left on the same side as the nearby Committee Boat.
- 9.4 Boats whose warning signal has not been made shall avoid the starting area.

## 10. **The Finish**

- 10.1 The Finishing Line will be between the mast displaying an Orange flag on the Committee Boat and an orange buoy up wind of the Committee Boat.
- 10.2 Back markers may be given their position, taken on the course by a Race Committee boat displaying flag W with two sound signals. This amends Appendix A – Scoring

## 11 **The Time Limit**

The time limit for all classes will be 90 minutes. Target time of race is 45 minutes.

## 12 **Protests**

Protests shall be written on forms available from the race office and delivered within the Protest Time, which will begin when the last boat from that course crosses the finish line in the last race of the day. The protest time limit is 60 minutes. Competitors shall inform the Committee Boat of their intention to protest and be acknowledged by the Committee Boat.

## 13. **Safety**

- 13.1 All competitors shall wear a personal flotation device at all times when afloat except briefly while changing or adjusting clothing or personal equipment. Flag Y will not be displayed. This changes RRS 40 and Race Signal Y.
- 13.2 A Tally system will be used to record each boat going afloat, and to record its safe return. A boat not complying with the system may be fined a £5 donation to the RNLI at the Protest Committees discretion.

## 14. **Scoring**

The event will be scored using the low points system in Appendix A. Each boat's series score will be the total of her race scores with her worst score excluded if 3 races have been completed.

## 15. **Prizes**

- 15.1 Glassware prizes will be awarded to class winners as appropriate.
- 15.2 The Prizegiving will take place in the clubhouse as soon as practicable after the last race.

## 16. **Insurance**

- 16.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per event or the equivalent.

## 17 **Disclaimer of Liability**

- 17.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 17.2 The Race Organisers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner/competitor, as a result of their taking part in the race or races. Moreover every competitor warrants the suitability of his boat for the race or races. A boat is entirely responsible for its own safety, whether afloat or ashore, and nothing whether in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility. It is for boats to decide whether it is fit to sail in the conditions in which it will find itself. By launching or going to sea, the boat confirms that it is fit for those conditions and that its crew is competent to sail and compete in them.
- 17.3 Nothing done by the organisers can reduce the responsibility of the boat nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the racing. The organisers encompass everyone helping to run the race and the event, and including the Organising Authority, the Race Committee, the Race Officer, patrol boats and Beach-masters.
- 17.4 Neither the provision of patrol boats nor the granting of parental consent relieves the boat of its responsibilities.

18.1 In participating in this regatta, a competitor automatically grants the Organising Authority, the event sponsors and their agents, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of him/her during the period of the event in which the competitor participates and all material related to the event without compensation. The competitor also grants the Organising Authority, the event sponsors and their agents, the right in perpetuity, to publish details the competitor has supplied to the Internet.

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## COURSE DIAGRAM

