

Ladies Sailing

Ladies sailing is organised on a Thursday evening as a mostly fun sailing evening but we hope that we can improve your confidence and skills without too much pressure and in the company of other ladies.

Support boats are provided and if there is too much wind or no wind we head straight for the bar and maybe the opportunity to practice knots or get a bit of sailing theory. There will be help with rigging your boat as well as some advice on setting up your dinghy.

If you do not have a dinghy you can hire a club boat or get on the water in another member's dinghy. There are usually one or two people around just waiting for the chance to show you the ropes in their own or a club boat. You could also come on board one of the support boats provided you are sworn to secrecy on any comment you may hear from the support boat crew!

Ladies sailing is a great way to get away from life's toil in a friendly atmosphere and a chance to improve your sailing in a supported setting.

Contact Eve Minns eve.minns@dabchicks.org